

EGLWYSFACH, FURNACE AND GLANDYFI NEWSLETTER
1st March 2019

FAREWELL Tom and Amy Chase who have moved from Ar Graig, Eglwysfach to a larger house at Bont Goch. We'll miss them but they will definitely be back for the Iron Room Quiz!

WELCOME to Gary and Clair Taverner who are now in Ar Graig, and **Dr Emma-Louise Graney and Jack Shelley** who have recently moved into Hafod Lon.

W.I. 8.00 on Monday, 4th March. St David's Day meeting, with Pageant and cawl.

WOMEN'S WORLD DAY OF PRAYER in the Iron Room, Tuesday, 5th March, 2.30-4.00pm. We join the women of Slovenia who have organised this event. ALL WELCOME. Please let Alison (01654 781250) or Janie (01654 781250) know if you are coming so that we know numbers for the tea, which is free.

SGARMES CONCERT! This lively local group which has won many awards is performing for us at **St Michael's Church, Eglwysfach, on Friday, 8th March at 7.30pm.** Dynamic, bilingual and unique - Sgarmes is a close-harmony singing group based in Aberystwyth. **DO NOT MISS THIS CONCERT!** £7 per person, and free for children.

TABLE TENNIS at 7.00pm in the Iron Room on Tuesdays, 12th and 26th March. All welcome. Every month on the second and last Tuesdays.

SCOTTISH DANCING on Wed., 20th March at 7.30pm and every 3rd Wed. of the month. **ALL WELCOME.**

FURNACE WATERFALL : REQUEST FOR INFORMATION from Stephen Taylor. Landscape painter **Stephen Taylor** is preparing a small exhibition of paintings of the waterfall at Furnace, to be shown later next year in London and then Aberystwyth. He is also writing a book/catalogue to accompany the show, and asks if any residents have paintings, old photos or stories about the fall, or the land it occupies. If so, Stephen would be most interested to hear from them. Personal recollection, natural history, technical or even administrative detail - all would be helpful. Anything that might later appear in print would of course be with their permission. If you would like to help him, please contact st@stephentaylorpaintings.com, telephone 01353 667014 or write to Stephen Taylor, 7 Douglas Court, Ely, Cambridgeshire. CB7 4SE.

EVENTS IN MARCH IN THE TABERNACLE, MACHYNLLETH

Sat. 2	13.00	Machynlleth Music Club - Gregynog Young Musician 2018 Winners - non members welcome £12
Wed. 6	12.00	Etifeddiaeth 'Arthurian Legends in Wales'
Fri. 22	19.30	Concert The Jersey Boys "O What a Nite!"
Fri. 29	19.30	The Spirit of Strata Florida -- an evening of art, archaeology, poetry and Celtic culture with Philip Huckin, Prof David Austin, Cyril Jones and Dr Rhiannon Evans.

VISIT TO BODNANT GARDEN IN MAY: Eglwysfach WI is organising a trip to this garden on 20th May. **ALL WELCOME.** Coach will leave Aberystwyth at 8am, picking up en route to Machynlleth. The coach costs £15 each and entrance to gardens £12.60 (free to members of National Trust). Contact Libby Goodman 01654 781451 or Alison Swanson 781322.

IDEAS FOR CONSERVATION: Our beautiful planet is heading fast towards disaster. Like the school children who rebel, we should take urgent action. May I urge you to look at

Extinction Rebellion <https://www.facebook.com/ExtinctionRebellion/> to see what is going on. In the meantime, we have received the following ideas:

- To lessen the plastic plague, squash recyclable objects up so that they take up less room in the plastic sacks. Do not put these out for collection until they are full.
- Ask for tap water, not bottled.
- Use the bus when you can!

Please send us your suggestions and comments.

REPAIR CAFE in Machynlleth. Ecodyfi volunteers will run a repair cafe on the third weekend of every other month between 10.30 and 1.30pm, at the same time as the Community Bike Workshop. They will repair such things as lamps, hairdryers, clothes, hoping to reduce the mountains of waste our throw-away society produces. The next workshop should be on Saturday, 16th March.

LOCAL EVENTS FOR MARCH 2019, all in the Iron Room unless otherwise indicated.

Sun. 3	09.30	Holy Communion, St Michael's, Eglwysfach
Mon. 4	20.00	WI: St David's Day cawl and Pageant
Tue. 5	14.30	Women's Day of Prayer – see above
Thu. 7	14.00	Tai Chi
Fri. 8	14.30	Book Club: <i>On Chesil Beach</i> by Ian McKewan. All welcome
Sun. 10	09.30	Morning Service, St Michael's
Tue. 12	19.00	Table Tennis
Thu. 14	14.00	Tai Chi
Sun. 17	09.30	Holy Communion, St Michael's
Wed. 20	19.30	Scottish dancing
Thu. 21	14.00	Tai Chi
Sun. 24	09.30	Morning Service
Tue. 26	19.00	Table Tennis
Wed. 27	15.00	Parochial Church Council
Thu. 28	14.00	Tai Chi

ATTACHMENTS: Cletwr Events guide March 2019; Sgarmes concert; PPM (postcards)

ANY NEWS OR VIEWS FOR THE APRIL NEWSLETTER, PLEASE EMAIL janiem@gmail.com or phone 01654781250 This letter has been compiled by a member of St Michael's Church. Neither the Church nor the compiler is responsible for the accuracy of the news. Please address any comments to janiem@gmail.com

Taken from GREEN ADVICES & QUERIES FOR QUAKERS

We depend for our lives upon the sun, the rain, the wind and the diversity of living things around us...Take time to recognise, respect, appreciate and enjoy the whole miracle of the universe.

2. We are subject to all the persuasive powers of commerce and are influenced by family, friends and neighbours. Take time to understand yourself, your real needs and your true potential. Try to bring all your actions in line with this understanding and your knowledge of the world around you.

3. "Try to live simply. A simple lifestyle freely chosen is a source of strength. Do not be persuaded into buying what you do not need or cannot afford. Do you keep yourself informed about the effects your style of living is having on the global economy and environment?" *Advices & Queries, 1994 No. 38*

4. Consuming more than we need may divert resources from the provision of essential services at home and abroad. Reusing, recycling and repairing will all reduce your footprint on the Earth. However refusing, and so doing without unnecessary goods, is the most powerful action.

5. "We do not own the world, and its riches are not ours to dispose of at will. Show a loving consideration for all creatures, and seek to maintain the beauty and variety of the world. Work to ensure that our increasing power over nature is used responsibly, with reverence for life. Rejoice in the splendour of God's continuing creation." *Advices & Queries, 1994, No.42*
6. We share the DNA structure of all life on Earth. The atoms in our bodies have circulated throughout the network of living and non-living forms making up the universe. Much of what we do, directly or indirectly, leaves the natural world damaged. Do you accept your responsibility for minimising this damage?
7. The drive to market cheap food has resulted in pollution of air, soil and water, destruction of wildlife and waste of raw materials. Try to buy local, fair-traded and organically produced food and eat fresh food in season. Consider whether you could grow some of your own.
8. Intensive animal farming is often cruel to the animals and is an extravagant waste of land, water and edible grains. Try to reduce your consumption of animal products.
9. Composting food and garden waste will enrich the soil and reduce the need for manufactured fertilisers and chemical controls. Healthy food and richer wildlife will be the reward.
10. Saving heat in the home can be done with improved insulation but reducing the temperature, area and time of heating is also important. Do you dress warmly enough and encourage others to do so too? Consider investigating renewable sources of energy for your home.
11. Cars and aeroplanes use irreplaceable fossil fuel, pollute the air and are major and increasing contributors to global warming. Could you reduce your use of these modes of transport? Consider this particularly when planning holidays or a change of home or occupation.
12. Waste disposal is a major problem causing soil, water and air pollution and taking up valuable land space. Do you make every effort to reduce the amount of rubbish you put out for collection and disposal?
13. "Remember your responsibilities as a citizen for the conduct of local, national, and international affairs. Do not shrink from the time and effort your involvement may demand." *Advices & Queries, 1994, No. 34*

Postcard cash in the attic?

Aberystwyth Postcard Club is holding a viewings day for the public in April.

A team of members headed by chairperson Sue Whitehouse will offer all-comers valuations on any postcards they bring to the event, which will be held on April 2 in St David's Church Hall in Bath Street, opposite the Commodore Cinema.

Secretary Peter Henley said: "This is a first for our club. We have no previous experience of valuations.

"The aim is to encourage local people to come and meet us. We certainly hope it might attract new members and I hope that it will become an annual event if it is successful, with proceeds going to charity."

The club also has a 'bring and buy afternoon' on March 5, an afternoon of short talks given by members on May 7 and a visit to the Ceredigion County Museum, Aberystwyth, on June 4 to browse its vast collection of local postcards and photographs.

Events @ Cletwr

March 2019

SUPPER, SONG & CELEBRATION - FUNDRAISER FOR EISTEDDFOD 2020

Fundraiser for National Eisteddfod 2020. Plus award presentation.

Saturday 2nd March Booking advised. By donation. 19.00 - 21.00

EXCEL SPREADSHEETS INTRO 5 WK COURSE - Free for volunteers and staff.

Tuesday 5th March Advance booking. £48/£24 local residents. 19.00 - 21.00

CHARITIES FAIR AT CLETWR - Crafts, gifts and food. Contact Sue at Cletwr if you are interested in having a pitch.

Friday 8th March All welcome. 17.00 - 19.00

COMMUNITY LITTER PICK - In the villages of Tre'r ddol and Taliesin. Start with a panad in the caff.

Saturday 9th March Just turn up. Bring a mug! 09.30 - 11.00

IT HELP SESSIONS - With John Behnam.

Monday 11th March Phone to book a 45 minute session in advance. 14.00 - 16.30

DAL ATI - Drop in session for Welsh learners and fluent speakers.

Saturday 16th March Just turn up. £ Free 11.00 - 12.00

THREE LEGG'D MARE - LIVE PERFORMANCE Aberystwyth band with traditional songs and tunes of Wales & England. Doors—19.00

Saturday 16th March Advance tickets. Adult £9.00 Family £20/£11.50 19.30 – 21.30

DEATH CAFE - Come and join us for tea and chat at Caffi Cletwr.

Monday 25th March Booking advised. 19.00 - 20.30

EVERY TUESDAY: 15.00 — KNIT AND NATTER

EVERY SUNDAY: 09.30 — SOCIAL RUN

Please see Facebook and Website for more info. * Suggested donation



Cletwr, Tre'r-ddôl, Ceredigion, SY20 8PN

01970 832 113 events@cletwr.com



ST MICHAEL'S CHURCH EGLWYSFACH



SGARMES CONCERT

FRIDAY MARCH 8TH 7:30 P.M.
£7.00 at the door
(children free)